

## We are a Conference Center

The Community Center  
will gladly host your  
private parties & meetings.

Gallery Conference Room is  
for groups of 60 or less and is  
fully media capable for pres-  
entations, and workshops.  
This is a great space for baby  
showers and birthdays

The Grand Hall seats up to  
150. Perfect for larger  
groups, concerts, or wedding  
receptions.

The Gym serves as our larg-  
est banquet room. We can  
provide seating for up to 320.

We also have a restaurant  
style kitchen, portable stage,  
lighting, sound equipment,  
media equipment and a great  
staff to make your event  
memorable. Over 15,000  
used our facility last year!

Booking 2-3 months  
in advance.

**Chatham Cares, Inc**  
PO Box 333  
115 S Main Street  
Chatham, Va 24531  
434-432-3115 Ext 1  
chathamcares@gmail.com  
[www.chathamcares.org](http://www.chathamcares.org)

Join our mailing list on  
the web for news of  
upcoming special events  
classes, and programs



JOIN US  
ON FACEBOOK

**You'll find our state of the art facility  
adaptable to any event for business or  
pleasure!**

	Capacity	Base fee 4 hours	Base Fee Full Day
Gym	320	\$ 325.00	\$ 650.00
Grand Hall	100	\$ 150.00	\$ 300.00
Gallery	55	\$ 125.00	\$ 250.00
Full Kitchen Limited	n/a	\$ 75.00 \$ 50.00	\$ 150.00 \$ 100.00

**Welcome!**



## Summer Schedule 2011

*A Multi-purpose  
facility,  
Serving the Community in  
multiple ways.*

*Chatham Cares, Inc  
is a 501(c)(3)  
Non-Profit Corporation*

434-432-3115 Ext. 1

## *Fitness Programs*

### **Step Aerobics Class**

#### **June - August**

**Monday & Wednesday evenings at 5:15 PM in the Gallery. VIDEO CLASS** This class will strengthen and tone your muscles. 30 minutes of cardio, followed by free weight toning and cool down. All materials on site.

Wear comfortable clothing and good work-out shoes.

\$2 Class Fee

### **Open Gym - Walkers**

Our gym is open M-F from 9-12 during the summer months and 9 - 3 PM the rest of the year to anyone who would like to walk in our climate controlled environment. **FREE! 18 times around the gym = 1 mile.** Ask for free weights to increase your impact!

### **Open Court Gym every Monday Tuesday Casual adult game 7-9 PM**

**\$2 entry fee, for players and spectators.**

### **ZUMBA® Fitness**



Sat 10AM

Zumba® fuses Latin rhythms & easy-to-follow moves to create a fitness program. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor into the mix and you've got a Zumba® class! **\$5/class**

### **Bluegrass Concert**

**Thursday Evenings, 57 EXPRESS BAND and guests.**



**Doors open at 7:00 PM  
Donations are appreciated**

**We love music at The Center! We have portable staging, lighting and professional sound equipment available. If your band would like to hold a concert here, call 432-3115 to schedule an appointment.**



**Joining the workforce? Computer skills are a must!**



### **Basic Computer Classes in Word, Excel and PowerPoint.**

**Now taking names for wait-list for Beginners Class. 10 persons need to hold the class \$40**

**Beyond Basic Computer Classes in Word, Excel and PowerPoint**  
**Pre-register now for Beyond Basics Class Class fee \$45**

**Please contact us to be put on a waiting list for the next class session.**



### **SAVE THESE DATES!**

#### **MONTHLY WELLNESS PROGRAM**

11:30 – 12:30 Lunch & Learn!

You can:

- Pre-order a box lunch for \$7.00
- Bring your lunch from home, (or just attend the lecture)

### **The lecture is FREE!**

DATES & TOPICS:

- June 2** – Modern Techniques for Treating Back Pain, Dr. Leon Abram
- June 30** – Nutrition & Exercise
- July 21** – Managing Diabetes
- August 25** – Taking Care of Your Heart
- Sept 22** – Managing your Cholesterol
- October 13** – Bone & Joint Health
- November 3** – Managing Hypertension - Dr Michael Moore

Lunch orders should be called in a week in advance

Sponsored by Chatham Cares, Inc & Danville Regional Medical Center